

# Family Medicine

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RESIDENCY PROGRAM AT  
**LewisGale Hospital  
Montgomery**

# Welcome to the Family Medicine Residency Program at LewisGale Hospital Montgomery

The Family Medicine Residency Program at LewisGale Hospital Montgomery is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation's leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

**Above all else, we are committed to the care and improvement of human life.**

ACGME ID: 1205100720

## Tracks & Positions

Tracks	NRMP #	Available Positions
Family Medicine	2192120C0	6

## Salary

PGY1	PGY2	PGY3
\$54,267	\$55,869	\$57,637

I truly believe there is no better place to start your primary care medical career than with the LewisGale Hospital Family Medicine Residency Program. The tremendous variety and complexity of patient care settings you will experience will prepare you for whatever kind of practice you choose and will connect you with the largest healthcare organization in the United States. We do not just want to train you; we want you to stay in our communities and practice with us for years to come!



I joined LewisGale Hospital in the fall of 2021 after spending significant time in both the private and academic medical settings. As the Family Medicine Residency Program Director, my goal is to work alongside our outstanding faculty members to maintain the reputation of our hospital as the number one choice for those residing in the region, and to elevate the Family Medicine Residency Program to the number one choice for exceptional medical students in Virginia and beyond.

You will have the opportunity to experience rotations in a variety of different settings throughout the New River Valley and Richmond area. The foundation of our program is to provide you with the highest quality clinical training through leadership opportunities, career development emphasis, and collaboration with a variety of different specialties. The singular goal is to thoroughly prepare you for whatever primary care opportunity awaits you upon graduation.

I strongly encourage you to explore the novel opportunities available with our program; I promise that you will not be disappointed! Please do not hesitate to contact us with any questions. I look forward to meeting you soon!

**David Blair Mahoney, MD, MBE**

Program Director

## Our faculty



### **David B. Mahoney** MD, Program Director

- Dr. David Mahoney earned his medical degree at the University of North Carolina. He continued his education with his internship and residency at the University of Virginia. Dr. Mahoney is board-certified by the American Board of Family Medicine. Dr. Mahoney also holds a Master's degree in Bioethics from the University of Pennsylvania and focused on the ethics of clinical research in developing countries.
- In his free time, he enjoys hiking and the great outdoors with his dog Mack. His goal is to hike the Pacific Crest Trail before his knees give out. He is also passionate for international travel, spending what time he can to benefit those less fortunate in developing countries. Finally, he thoroughly enjoys reading American Literature, particularly from The Lost Generation.



### **Elliot Freed** DO

- Dr. Elliot Freed attended the Edward Via College of Osteopathic Medicine – Virginia and did his residency with LewisGale Hospital Montgomery Family Medicine. He now works for HCA Physicians. His clinic is Outpatient Primary Care in Giles, VA. Dr. Freed has four young daughters and considers the New River Valley to be an excellent place to raise a family.



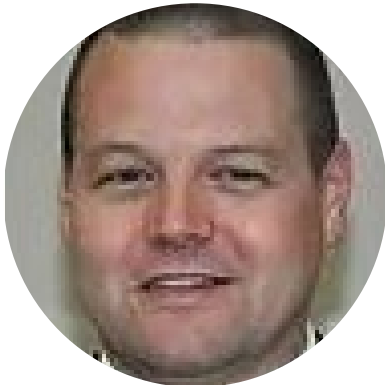
### **Sarah Turner DO**

- Dr. Sarah Turner graduated from Philadelphia College of Osteopathic Medicine and completed her residency at NSUCOM/BGMC in Ft. Lauderdale, FL. She went on to complete a Sports Medicine Fellowship at the Edward Via College of Osteopathic Medicine-Virginia. Dr. Turner is the Director of Osteopathic Medicine for LewisGale Hospital Montgomery – Family Medicine. She, her husband, and their two children enjoy all outdoor activities found in the New River Valley. She also trains for triathlons.



### **Hilary Lois DO**

- Dr. Hilary Lois graduated with honors from the Edward Via College of Osteopathic Medicine – Virginia and completed her residency at LewisGale Hospital Montgomery – Family Medicine. She is an assistant professor of primary care and osteopathic medicine at VCOM as well as a core faculty member at LGHM. She enjoys being involved in the full spectrum of medical education through her participation in the teaching of medical students during their four years of training as well as teaching and supervising family medicine interns and residents in an outpatient clinical setting.



### **Mark Rogers DO, Chief Medical Officer at Virginia Tech**

- Dr. Rogers graduated from UNC Family Medicine Residency. He went on to complete a fellowship at Edward Via College of Osteopathic Medicine—Virginia . He currently serves as an associate professor in the Department of Family Medicine, Discipline of Sports Medicine at VCOM, and is the Program Director of the Primary Care Sports Medicine Fellowship. He serves as a team physician for Virginia Tech and the Pulaski Yankees (rookie affiliate with the New York Yankees). Dr. Rogers lives in Blacksburg with his wife and two children.

## Current residents



**Crystal Downer**

DO  
Class of 2022



**Patrick Erickson**

DO, Chief Resident  
Class of 2022



**Aaron Keller**

DO  
Class of 2022



**Laken Koontz**

DO, Chief Resident  
Class of 2022



**Dustin Sorkhpoosh**

DO  
Class of 2022



**Luis Valle**

DO  
Class of 2022



**Debbie Enns**

DO  
Class of 2023



**Zachary Garver**

DO  
Class of 2023



**Christopher George**

DO  
Class of 2023



**Andrew Leebolt**

DO  
Class of 2023



**Angel Vigo**

DO  
Class of 2023



**Garrett Cudmore**

DO  
Class of 2024



**Scott McIntosh**

DO  
Class of 2024



**Nishan Seneviratne**

DO  
Class of 2024



**Christopher Sue-Wah-Sing**

DO  
Class of 2024



**Alan Tate**

DO  
Class of 2024



**Richard Zhou**

DO  
Class of 2024

## About the program

The Family Medicine residency offers a unique opportunity to train in strong clinic settings both on the hospital campus and in private practices. Our faculty maintains a focus on Osteopathic Medical Manipulation with hands-on sessions for all interns and residents. However, you do not have to be OMM focused to attend our program and to enjoy a spectacular residency experience!

Located in beautiful Southwest Virginia, the Family Medicine Residency Program is a three-year residency accredited by the ACGME. The program has four core faculty members, two of whom graduated from this program, who are engaged in teaching, mentoring, and encouraging residents to be the best possible physicians. The program is currently working toward Osteopathic Recognition.

The second and third year residents have autonomy in creating their own schedule of rotations. Each resident receives an iPhone and a Laptop computer upon joining the program. In addition, each resident is provided with the AAFP Family Medicine Board Review with Self Study online feature. The program provides membership to the AAFP. HCA Corporation pays for the Rosh Review for Board prep. Interns are provided with UWorld and TrueLearn to prepare for USMLE and COMLEX 3 board exams.

The program is associated with the Edward Via College of Osteopathic Medicine where residents have the opportunity to rotate in Sports Medicine and ONMM3. Upper level residents are given the opportunity to mentor/teach VCOM's 3rd and 4th year medical students. The program also auditions medical students from around the country who would be interested in filling one of the six available slots annually.

The residents participate and present during research days and conferences throughout the year. There is a full-time non-physician faculty member who assists with research projects at all stages of development. Interns are encouraged to have a concept for research by January 1 of their PGY1 year. This gives them the opportunity to develop a world class research project or publication in a national journal. Many residents work in groups and a faculty member is also available to assist and assimilate research data. HCA provides an outstanding data base and resources to all residents. A research or quality improvement project is required for graduation.

For relaxation, the residents participate in wellness events throughout the academic year – one of which is a retreat held in the Fall. The residents also enjoy many activities with each other outside of work including hiking, camping out, paint ball at the local bowling alley, tubing on the New River, cookouts at each other's houses, holiday parties, and many more activities. They celebrate each other's successes and work to constantly improve an already outstanding program.



# LewisGale Hospital Montgomery

LewisGale Hospital Montgomery is a 146-bed, general acute-care facility delivering comprehensive healthcare—including a wide range of medical, surgical, obstetric, pediatric, orthopedic, emergency and outpatient services to residents from all over the United States. HCA's leading community of hospitals, physician practices, urgent care centers, freestanding emergency rooms and ambulatory surgery centers are recognized by our patients as providing some of the highest quality and compassionate care in the nation. Our programs provide you the opportunity to be a part of a learning hospital network that is changing the nation's healthcare landscape.



# About HCA Healthcare GME

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

**To learn more about the benefits and expectations of training with an HCA Healthcare program, view our [Resident and Fellow Manual](#).**



● HCA Healthcare Hospital



## Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

**4,637**  
residents

**289**  
fellows

**218**  
specialty programs (residencies)

**79**  
sub-specialty programs  
(fellowships)



## Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and real-world patient care from a sophisticated data repository of more than 32 million patient encounters each year.

**2,500+** HCA Healthcare GME scholarly activities in 2020-21.



## Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

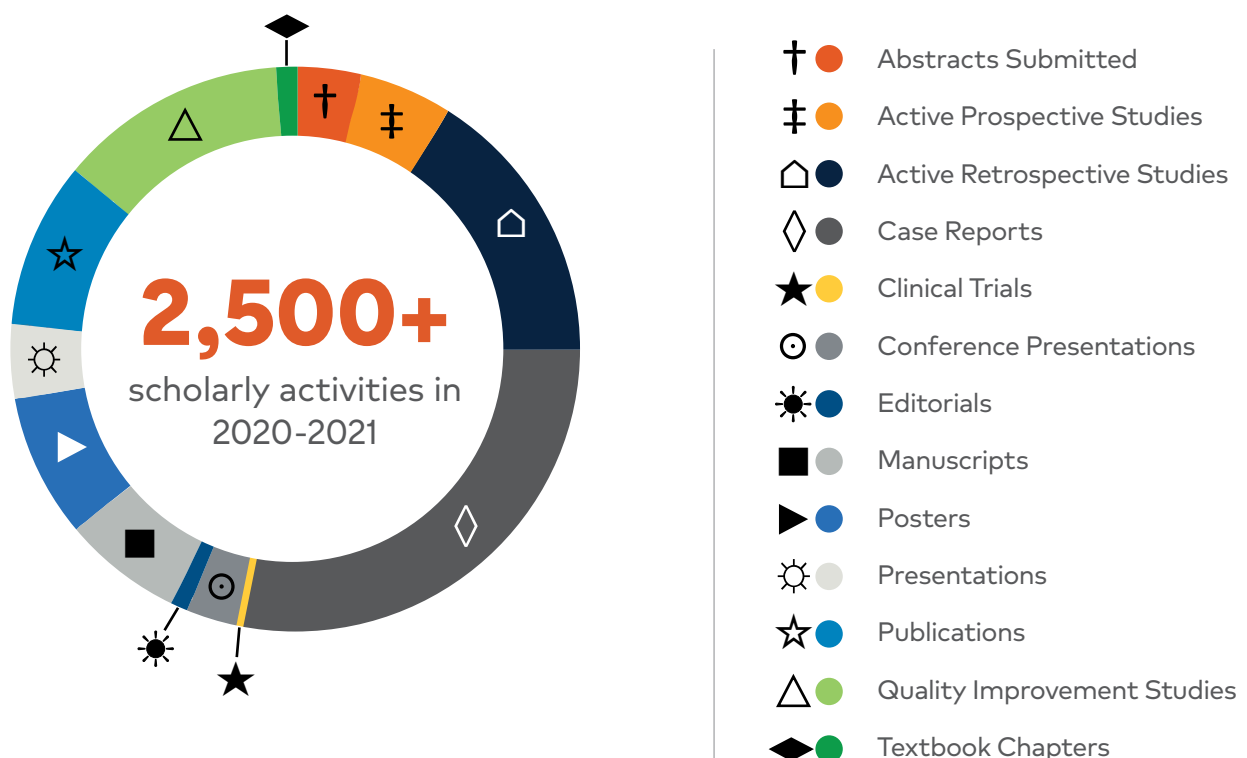
**32+ million** patient encounters  
**7.4 million** emergency room visits  
**215,000+** babies delivered

HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

# A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.



Our experiential learning is rooted in evidence-based medicine that leads to innovative, **real-world patient health solutions**.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

#### **Notable Publications**

- *JAMA Internal Medicine*
- *Annals of Surgical Oncology*
- *CHEST Journal*
- *American Journal of Respiratory & Critical Care Medicine*
- *Obstetrics & Gynecology*

#### **Notable Presentations**

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

## **Influential Collaboration**

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

**HCA Healthcare Scholarly Commons** is a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the **HCA Healthcare Journal of Medicine**, a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.



# About HCA Healthcare

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



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## Size

**275,000**  
colleagues

**93,000+**  
registered nurses

**47,000<sup>^</sup>**  
active and affiliated physicians



## Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

**32+ million**  
patient encounters

**7.4 million**  
emergency room visits

**215,000**  
babies delivered

View the **HCA Healthcare Community Impact Report** to learn more about our award-winning programs, technology advances and partnerships with community organizations to fulfill our commitment to the care and improvement of human life.



## Giving Back

**\$3.4+ billion**  
estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

**\$45 million**  
in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.\*

\*Starting in 2021



## Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150 languages and dialects**.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

<sup>^</sup>Approximate

