

# Transitional Year

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RESIDENCY PROGRAM AT  
**LewisGale Hospital  
Montgomery**

# Welcome to the Transitional Year Residency Program at LewisGale Hospital-Montgomery

The Transitional Year Residency Program at LewisGale Hospital-Montgomery is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation's leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

**Above all else, we are committed to the care and improvement of human life.**

ACGME ID: 4005100268

## Tracks & Positions

Tracks	NRMP #	Available Positions
Preliminary	2192999P1	4

There is no better place to start your training than with HCA LewisGale Hospital-Montgomery/VCOM's Transitional Year Residency program. The excellent clinical care, tremendous variety and complexity of patient care settings you will experience while in our training program will prepare you for independent practice as well as connect you to the largest healthcare organization in the United States. We don't just want to train you, we want you to stay in our communities and practice with us for years to come.

As a resident in our program you will have the opportunity to work with experienced faculty in a very robust program. The foundation of our program is providing you quality clinical training that emphasizes educational opportunities, clinical excellence, teamwork, leadership, and career development. As a graduate of our program, you will be capable of independently caring for all age groups, managing complex medical conditions, and performing common office procedures.

Our program is located in Blacksburg, VA, home of Virginia Tech, one of the nation's leading research centers; Edward Via College of Osteopathic Medicine; nearby Radford University; and New River Community College. In addition to the unmatched educational opportunities, the New River Valley is known for its access to outdoor recreation, fine arts, and high-quality employment.

I want to personally invite you to explore our program via our program page. Thank you for considering us, and I look forward to meeting you and sharing the opportunities we have to offer as you explore the next phase of your medical training.

Sincerely,

**Peter Recupero, DO**

Designated Institutional Official  
Transitional Year Program Director

## Our Faculty



**Peter Recupero** DO, MBA, FACP, FACOI

Peter Recupero, DO, MBA serves as the Designated Institutional Officer for the GME Program, as well as the Program Director for the Transitional Year Program. He is Boarded by the American Osteopathic Board of Internal Medicine, American Board of Internal Medicine - Internal Medicine, and American Board of Internal Medicine - Nephrology. Graduating from Kansas City College of Medicine and Bioscience Medical School in 1999, Dr. Recupero completed both his Internship Year and Internal Medicine Residency at the University of Connecticut Medical Center. In 2004, Dr. Recupero completed a Nephrology Fellowship at the Maine Medical Center in Portland.



**William Cox** DO, MBA, FACP, FACOI

Internal Medicine Program Director

New York Hospital-Queens Residency Program, 2007  
Lake Erie College of Osteopathic Medicine, 2004



**Christy Fagg, DO** Hospitalist

Virginia Tech Carilion Residency Program, 2012  
West Virginia School of Osteopathic Medicine, 2008



**Feras Ghosheh, MD** Nephrologist / Hospitalist

University of Kansas Fellowship, 2015  
University of Missouri Residency Program, 2009



**Albert Tuono, DO** Hospitalist

LewisGale Hospital Residency Program, 2013  
West Virginia School of Osteopathic Medicine, 2010

## Current Residents



**Jessica Forbes, DO**

Nova Southeastern College of Osteopathic Medicine



**Jonmichael Samsel, DO**

Edward Via College of Osteopathic Medicine - VA



**Woo Ju Kim, MD**

Georgetown University School of Medicine



**Crystal Lafleur, DO**

AT Still University of Health Sciences, College of  
Osteopathic Medicine

# About the program

## Transitional Year Program

LGHM's internship is characterized by a broad range of supervised inpatient and outpatient clinical experiences with a patient population who have a wide spectrum of health concerns. The training year also provides exposure to core disciplines as well as the specialty.

Education is provided in medical/surgical experiences while incorporating formal and informal methodology. Each rotation has scope, volume, and variety to allow trainees to meet standards and program objectives.

### **Rotation requirements include the following block scheduling:**

- 3 - Internal Medicine (under the supervision of an internist)
- 1 - ICU
- 1 - Surgery
- 1 - Women's Health or Peds
- 1 - ER
- 1 - Block Nights
- 1 - Family Medicine / Outpatient
- 1 - Ward Medicine (Veterans Administration)
- 2 1/2 - Approved Electives
- 2-week Practice Management / Quality
- 1 - Cardiology

All time is scheduled at the discretion of the program director; only one month may be spent in non-clinical experience (research, scholarly pursuits, administration, etc.).

Exposure to the support disciplines of pathology, radiology, and didactic anesthesiology occurs directly by rotation, or indirectly by formal conferences and/or exposure while on medical and surgical services.



## Benefits

Academic Year 2019-20 Resident Salary Schedule

Position	Salary*	On-Call Meals*	Total
PGY1	\$54,267	\$950	\$55,217
PGY2	\$55,869	\$950	\$56,819
PGY3	\$57,637	\$950	\$58,587
PGY4	\$59,738	\$950	\$60,688

## Vacation

20 days available to all residents for vacation, personal and sick time, per the HCA GME Manual.

## Professional Liability Insurance

Residents are covered by the Hospital's professional malpractice insurance while performing duties within their scope of the Medical Education Program.

## Uniforms

The hospital shall provide two laboratory coats per academic year.

## Benefits

HCA provides a comprehensive list of personal benefits. The most current plans and enrollment and renewal information may be found at [hcahranswers.com](http://hcahranswers.com). Benefits include but are not limited to the following:

- Medical, dental, vision
- Short-term disability
- Long-term disability
- Life Insurance
- Flexible spending accounts
- HCA 401(k)
- Employee Assistance Program (EAP)
- Employee stock purchase plan

## Parking

Free parking on campus in designated areas is provided.

# About LewisGale Hospital-Montgomery

## Mission and Vision

Above all else, we are committed to the care and improvement of human life. The vision of LewisGale is to be the first choice for healthcare in the New River Valley.

## Program Overview

LewisGale Hospital Montgomery is a 146-bed, general acute-care facility delivering comprehensive healthcare—including a wide range of medical, surgical, obstetric, pediatric, orthopedic, emergency and outpatient services—to residents of Southwest Virginia and the New River Valley. HCA's leading community of hospitals, physician practices, urgent care centers, freestanding emergency rooms and ambulatory surgery centers are recognized by our patients as providing some of the highest quality and compassionate care in the nation. Our programs provide you the opportunity to be a part of a learning hospital network that is changing the nation's healthcare landscape.

When you join an HCA residency program, you join a diverse community of physicians with access to cutting-edge technology and groundbreaking research, and who are dedicated to delivering the very best patient care. LewisGale Hospital Montgomery's Graduate Medical Education is supported by the Osteopathic Medical Network of Excellence in Education, an association of hospitals across the greater Appalachian region that provides postgraduate medical training and opportunities in a number of specialties.

## Accreditation

The Accreditation Council for Graduate Medical Education (ACGME) and approved for the following positions:

- Dermatology
- Internal Medicine
- Family Medicine
- Transitional Year
- LGHM/VCOM ONMM3
- LGHM/VCOM Sports Medicine Fellowship

Accreditation by The Joint Commission on Accreditation of Healthcare Organizations.

## Building on this Foundation, LGHM

**Has a proven excellence in healthcare** LGHM continually works to improve patient care, investing in resources that matter most to our patients: the right tools, the latest technology, and the most experienced doctors and staff. Together, these critical resources help ensure patient safety and the highest possible quality of care for our patient.

**Has strong medical expertise** The more than 700 doctors and nurses who practice at LewisGale are among the most experienced in the region and have experience you can trust with your life.

**Invests in communities** Since 2006, LewisGale has invested over \$70 million to keep their hospitals on the leading edge of technology and provide the best possible patient experience. They continually work to serve their communities by delivering top-quality and cost-effective healthcare throughout the region.

Graduate Medical Education is responsible for all resident education sponsored by this institution, and for the appropriate training and experience of interns, residents, and students who are assigned here through an affiliation agreement with another institution. LGHM includes the hospital, outpatient surgery centers, diagnostic centers, and hospital-sponsored practices.

## Academic Mission Statement

To recruit, educate, and train physicians to be competent to practice in their chosen medical specialty and to serve in Southwest Virginia and other rural or underserved populations.

## Training Physicians for Tomorrow

When graduates join HCA, they are mentored by a dynamic network of physicians who work in a collaborative culture, always focused on providing our patients the high-quality, compassionate care they deserve.

### **Our medical training provides:**

- State-of-the-art technology,
- Experienced clinical faculty,
- Interventional cardiology and radiology,
- Diverse orthopaedic procedures,
- A daily educational lecture, and
- A hospitalist group that rounds on a variety of patients.

Residents and interns are supported by a full range of clinical services, including nursing, phlebotomy, radiology technicians, case management, social work, allied health professionals, nutritionists, and pastoral care.

Patients are drawn from suburban and rural areas, so residents and interns are provided with experience in managing and caring for a wide variety of medical problems, ages, and demographic / social backgrounds.





# About HCA Healthcare GME

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

**To learn more about the benefits and expectations of training with an HCA Healthcare program, view our [Resident and Fellow Manual](#).**





● HCA Healthcare Hospital





## Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

**4,637**  
residents

**289**  
fellows

**218**  
specialty programs (residencies)

**79**  
sub-specialty programs  
(fellowships)



## Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and real-world patient care from a sophisticated data repository of more than 32 million patient encounters each year.

**2,500+** HCA Healthcare GME scholarly activities in 2020-21.



## Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

**32+ million** patient encounters  
**7.4 million** emergency room visits  
**215,000+** babies delivered

HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

# A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.



Our experiential learning is rooted in evidence-based medicine that leads to innovative, **real-world patient health solutions**.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

#### **Notable Publications**

- *JAMA Internal Medicine*
- *Annals of Surgical Oncology*
- *CHEST Journal*
- *American Journal of Respiratory & Critical Care Medicine*
- *Obstetrics & Gynecology*

#### **Notable Presentations**

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

## **Influential Collaboration**

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

**HCA Healthcare Scholarly Commons** is a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the **HCA Healthcare Journal of Medicine**, a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.



# About HCA Healthcare

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



\*Hospital locations as of March 31, 2021

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## Size

**275,000**  
colleagues

**93,000+**  
registered nurses

**47,000<sup>^</sup>**  
active and affiliated physicians



## Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

**32+ million**  
patient encounters

**7.4 million**  
emergency room visits

**215,000**  
babies delivered

View the **HCA Healthcare Community Impact Report** to learn more about our award-winning programs, technology advances and partnerships with community organizations to fulfill our commitment to the care and improvement of human life.



## Giving Back

**\$3.4+ billion**  
estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

**\$45 million**  
in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.\*

\*Starting in 2021



## Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150 languages and dialects**.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

<sup>^</sup>Approximate

