

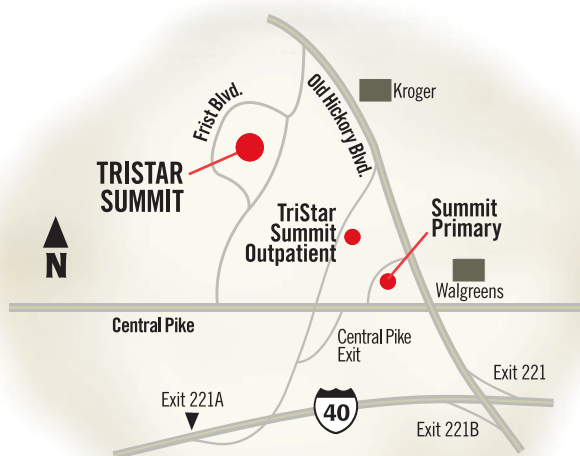
Directions to TriStar Summit:

From Nashville: Take I-40 East to Exit 221A. Turn left on Central Pike. TriStar Summit Medical Center will be on your right.

From Mt. Juliet & Lebanon: Take I-40 West to Exit 221. Turn right on Old Hickory Blvd. The first light is Central Pike; turn left. TriStar Summit Medical Center will be on your right.

From Madison & Old Hickory: Take Old Hickory Blvd. south through the Lebanon Road intersection. Travel approximately 1.4 miles and turn right onto Frist Blvd. TriStar Summit Medical Center will be on your left.

From Hermitage: TriStar Summit Medical Center is located in Hermitage near the intersection of Old Hickory Blvd and Central Pike, just off I-40.



5655 Frist Boulevard • Hermitage, TN 37076
For more information, call TriStar MedLine® at
615-342-1919 or 800-242-5662

"Services will be provided in a nondiscriminatory manner without regards to age, race, gender, national origin or disability."



Surgery & Outpatient Procedures

Patient and family information.

TriStar  **Summit**
MEDICAL CENTER



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Outpatient Surgery at TriStar Summit Medical Center

Same Day Surgery at TriStar Summit Medical Center is designed for you, the patient. As a service of our Short Stay Unit, day surgery provides you with a cost saving, comfortable and convenient way to have surgery.

Your pre-operative health history screening and testing has been scheduled for:

A visit to the hospital:

Date: _____ Time: _____

Your procedure has been tentatively scheduled for:

Date: _____ Time: _____

Thank you for choosing TriStar Summit Medical Center for your outpatient surgery. For questions or more information, call 615-316-4185 or 615-316-4150.

Outpatient Procedure Checklist

We welcome you to TriStar Summit Medical Center. This checklist will help you prepare for your upcoming procedure. Please pay particular attention to the areas listed to avoid cancellation or unnecessary delays.

Insurance

Please bring insurance cards with you at the time of registration.

Arrival Time

Arrive to the hospital at: _____

- ✓ Wear comfortable, loose fitting clothes.
DO NOT wear eye make-up.
- ✓ Leave all jewelry, piercings, hairpins and other valuables at home.
- ✓ Bring supplies and containers for removal and storage of eye glasses, contacts, dentures or partial plates and hearing aids.
- ✓ DO NOT eat or drink after midnight except for the following medications specifically instructed by the physician:

- ✓ Arrange a ride home beforehand with a responsible adult. You are required to have a licensed driver take you home.
- ✓ If you become ill or have a fever, please call your physician performing your procedure.
- ✓ Bring your current list of medications, including vitamins, herbal and over-the-counter medications.





Pre-Procedure Screening/Testing

Your physician's office should let you know if your pre-procedure screening can be done over the phone or if a screening needs to be scheduled as a visit to the hospital.

You may receive a call from Pre-Registration regarding your insurance verification prior to your visit.

A pre-procedure screening at the hospital visit includes a health history collected by a nurse and pre-operative education. Medical tests that may be performed can include lab, EKG or X-rays as ordered by your physician or anesthesiologist. This visit may take an hour to an hour and a half. The pre-op nurse may call and collect your health history over the phone to expedite your visit.

Please bring your current list of medications (with dosages) including vitamins, herbal and over-the-counter medications.

Please make sure your physician is aware if you are taking blood thinners such as; Coumadin, aspirin, NSAIDs or diet pills.



You will receive instructions prior to your procedure regarding any medications you may need to take.

All patients are seen by anesthesia staff prior to surgery.

Notify the physician performing your procedure if you become ill, feel you may have the flu, a cold or if you experience any elevated temperature.



Day of Procedure Instructions

- DO NOT eat or drink after midnight the night before your surgery. This includes gum and mints. Even taking the smallest amount of liquid may cause your surgery to be delayed or canceled.
- If you have been instructed to take any medications the day of your procedure, follow the instructions given to you.
- You may brush your teeth or use mouth wash the day of surgery, but remember, don't swallow the water.
- Leave ALL jewelry and valuables at home (this includes any and all piercings).
- DO NOT wear eye make-up.
- Wear comfortable loose fitting clothes.
- You will be asked to remove glasses, contact lenses and dentures/partial plates. Please bring a container and necessary supplies for removal and storage.
- A parent or legal guardian must accompany a minor and must sign consent forms. Please supply guardianship papers (if applicable) for hospital records.

- You are required to have a responsible licensed driver to take you home after your procedure. If you do not have someone to take you home, your surgery may be canceled.
- Your doctor or the pre-operative nurse will let you know in advance what time you need to arrive to the hospital the day of surgery.

Going Home after Surgery

Plans for discharge begin when you are admitted to the hospital. Each patient is assigned a case manager. Case managers offer patients and families assistance with various options and decisions that will be made for discharge. The hospitalists work closely with the team of case managers, therapists, pharmacists and community resources to ensure the most appropriate decisions are made with regard to your continued care. After discharge you will return to your primary care physician for your follow-up care.