

Internal Medicine

RESIDENCY PROGRAM AT
**LewisGale Hospital
Montgomery**

Welcome to the Internal Medicine Residency Program at LewisGale Hospital Montgomery

The Internal Medicine Residency Program at LewisGale Hospital Montgomery is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation's leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

Above all else, we are committed to the care and improvement of human life.

ACGME ID: 1405100900

Tracks & Positions

Tracks	NRMP #	Available Positions
Categorical	2192140C0	7

Salary

PGY1	PGY2	PGY3
\$54,267	\$55,869	\$57,637

Dear Medical Student:

Thank you for exploring our internal medicine program at LewisGale Hospital Montgomery located in beautiful Blacksburg, Virginia! Our program is a well established program and has been training residents since 2008. Due to our unique location next to Virginia Tech, we have a large variety of patient populations to prepare our resident physicians for independent practice. Furthermore, being an HCA facility, we connect you to the largest healthcare organization and largest sponsor of GME in the United States, giving you the best of both worlds - academics and research opportunities as well as community-based training in a smaller setting.



I have been the internal medicine program director at LGHM for eight years. However, I started my career after residency 14 years ago here at LewisGale Hospital Montgomery. Most of the core faculty have worked here for most of my time as program director adding stability to our program with their many years of experience, both as internal medicine physicians as well as teaching faculty.

In addition to solid medical training, our program is situated in a major Appalachian college town, about 45-minutes from a larger city, Roanoke, VA. This provides residents with the energy of a college town, easy access to city amenities, as well as amazing hiking and mountain-life activities and views.

Thank you for considering our program, and I look forward to meeting you virtually and being able to share more about our internal medicine program and the opportunities available to you with us!

Sincerely,

William S. Cox, DO, MBA, FACP, FACOI

Internal Medicine Program Director

our core & continuity clinic faculty



William S. Cox DO, Program Director

- Dr. William Cox has worked with the residency since its inception in 2008. In 2013, Dr. Cox took over as the internal medicine program director. He received his medical degree from Lake Erie College of Osteopathic Medicine in Erie, PA. Dr. Cox completed his internal medicine residency at New York Hospital Queens in Flushing, NY. Additionally, he is board certified by both AOBIM and ABIM.



Feras Ghosheh MD, Assistant Program Director

- Dr. Feras Ghosheh has worked with our residents since 2016. He is board certified in nephrology and internal medicine. Dr. Ghosheh received his medical degree from Al-Quds University. He completed residency at the University of Missouri – Kansas City and attended fellowship training at the University of Kansas.
- Dr. Ghosheh works with our residents on the hospitalist service as well as the nephrology service. He has recently taken a leadership role as the scholarly activity champion.



Albert Tuono DO, Daytime Hospitalist/Core Faculty

- Dr. Albert Tuono completed his internal medicine residency with our program in 2013 and subsequently joined as faculty after graduation. Initially, Dr. Tuono trained our residents in an outpatient clinic and joined our hospitalist group and core faculty in 2016. He received his medical degree from West Virginia School of Medicine.



Megan Thomas DO, Continuity Clinic Associate Director

- Dr. Madiha Kamal has been involved with the LGHM IM residency program since July 2013. She received her medical school training from Aga Khan University in Pakistan in 2006 and completed her Internal Medicine residency at Saint Barnabas Medical Center in Livingston, NJ in 2011.



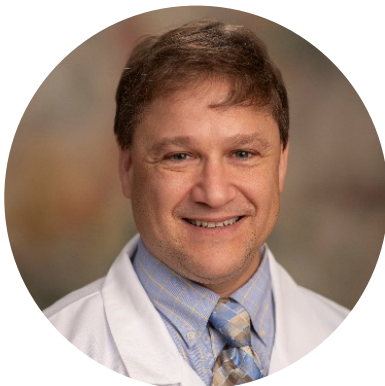
Christy Medeus DO

- Nocturnist/Core Faculty
- Dr. Christy Medeus started working with our internal medicine program in 2012. Dr. Medeus received her medical degree at West Virginia School of Osteopathic Medicine. She completed her internal medicine residency training at Roanoke Memorial Hospital.



Madiha Kamal MD, Continuity Clinic Director

- Dr. Madiha Kamal has been involved with the LGHM IM residency program since July 2013. She received her medical school training from Aga Khan University in Pakistan in 2006 and completed her Internal Medicine residency at Saint Barnabas Medical Center in Livingston, NJ in 2011.



Peter Recupero DO, Designated Institutional Official | TY Program Director | IM Continuity Clinic Faculty

- Dr. Peter Recupero has worked with the Internal Medicine residency since it began in 2008. He received his medical degree at University of Health Science, College of Osteopathic Medicine in Kansas City, MO. Dr. Recupero completed his internal medicine residency at University of Connecticut Health Center in Farmington, CT and his nephrology fellowship training at Maine Medical Center in Portland, ME.
- Dr. Recupero works with our IM residents as a hospitalist as well as a preceptor at their continuity clinic on Wednesday mornings.

Current residents



Autumn Jordan, MD
Class of 2022



Yelena Kiseleva, DO
Class of 2022



Cam Le, MD
Class of 2022



Nam Phan, DO
Class of 2022



Scott Simon, MD
Class of 2022



Andres Tabares, MD
Class of 2022



Mufrad Zaman, MD
Class of 2022



John Battin, MD
Class of 2023



Walter Battin, MD
Class of 2023



Zac Birch, DO
Class of 2023



Cristian Leeson, DO
Class of 2023



Jake Norris, DO
Class of 2023



Cameron Ross, MD
Class of 2023



Alan Schano, DO
Class of 2023



Toni Young, DO
Class of 2023



Taewhi Choi, DO
Class of 2024



Abdul Haq, DO
Class of 2024



Zizawah Hla, DO
Class of 2024



David Johnson, DO
Class of 2024



Lauren Sprague, MD
Class of 2024



Demetri Tsiolkas, DO
Class of 2024



Heidi Wipf, MD
Class of 2024

About the program

- Our IM program was founded in 2008 as an AOA program. We converted to ACGME in 2017.
- Our residents have gone on to many fellowships including: nephrology, cardiology, interventional cardiology, endocrinology, pulmonology/critical care, geriatrics, palliative care, neuromuscular medicine, and sports medicine. We would love to support your future career goals!
- Each resident is assigned a faculty mentor a few months after entering the program. Mentors provide one on one support to their residents and serve as a guide throughout residency.

Curriculum

- Residents rotate through each subspecialty of internal medicine throughout their 3 years in our program.
- We operate on a 4+1 schedule. Four weeks on a rotation followed by one week of continuity clinic.
- Our main continuity clinic is located in downtown Christiansburg, about 10 minutes away. Residents build and follow their own set of patients throughout residency
- A few residents complete their continuity clinic experience at the Salem VAMC. Regardless of which clinic experience is assigned, residents participate in hospital quality committees and patient safety projects throughout their training through our Quality and Hospital Leadership Experience. During each clinic week, time is dedicated to quality improvement projects as well as meeting with hospital administration. Furthermore, residents are divided into quality improvement taskforces to focus the residents' efforts.

HCA Healthcare & Affiliations

- HCA is the leading GME provider in the nation, and we are proud to be a part of HCA Healthcare's Graduate Medical Education initiative as a legacy program.
- Being part of HCA allows access to great career opportunities after graduation within HCA's national network.
- Residents also rotate at the Salem VA Medical Center, about 40 minutes away. This allows exposure to a different patient population and clinical experiences.
- Our program has formed a consortium with Edward Via College of Osteopathic Medicine Virginia Campus. Together we educate medical students and residents for the demands of being a physician.



LewisGale Hospital Montgomery

LewisGale Hospital Montgomery is a 146-bed, general acute-care facility delivering comprehensive healthcare-including a wide range of medical, surgical, obstetric, pediatric, orthopedic, emergency and outpatient services-to residents of Southwest Virginia and the New River Valley. HCA's leading community of hospitals, physician practices, urgent care centers, freestanding emergency rooms, and ambulatory surgery centers are recognized by our patients as providing some of the highest quality and compassionate care in the nation. Our programs provide you the opportunity to be a part of a learning hospital network that is changing the nation's healthcare landscape.



About HCA Healthcare GME

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

To learn more about the benefits and expectations of training with an HCA Healthcare program, view our [Resident and Fellow Manual](#).



- HCA Healthcare Hospital



Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

4,637
residents

289
fellows

218
specialty programs (residencies)

79
sub-specialty programs
(fellowships)



Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and real-world patient care from a sophisticated data repository of more than 32 million patient encounters each year.

2,500+ HCA Healthcare GME scholarly activities in 2020-21.



Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

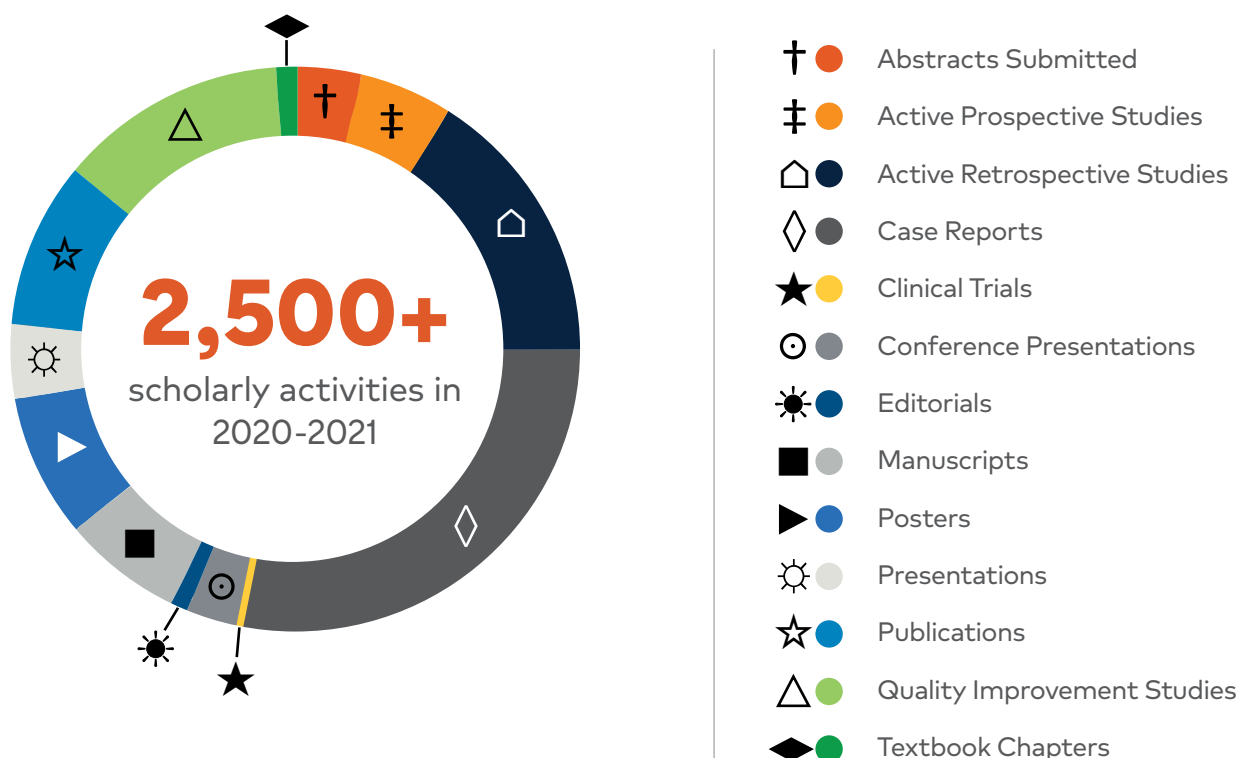
32+ million patient encounters
7.4 million emergency room visits
215,000+ babies delivered

HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.



Our experiential learning is rooted in evidence-based medicine that leads to innovative, **real-world patient health solutions**.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

Notable Publications

- *JAMA Internal Medicine*
- *Annals of Surgical Oncology*
- *CHEST Journal*
- *American Journal of Respiratory & Critical Care Medicine*
- *Obstetrics & Gynecology*

Notable Presentations

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

Influential Collaboration

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

HCA Healthcare Scholarly Commons is a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the **HCA Healthcare Journal of Medicine**, a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.



About HCA Healthcare

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



*Hospital locations as of March 31, 2021

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Size

275,000
colleagues

93,000+
registered nurses

47,000[^]
active and affiliated physicians



Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

32+ million
patient encounters

7.4 million
emergency room visits

215,000
babies delivered

View the **HCA Healthcare Community Impact Report** to learn more about our award-winning programs, technology advances and partnerships with community organizations to fulfill our commitment to the care and improvement of human life.



Giving Back

\$3.4+ billion
estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

\$45 million
in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.*

*Starting in 2021



Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150 languages and dialects**.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

[^]Approximate

