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POLICY DESCRIPTION: Visitation Policy			
EFFECTIVE: 05/24/2022	REVIEWED : 05/05/2022	REPLACE DATED: [RepDate]	
APPROVED BY:	Clinical Excellence & Patient Safety Committee, Medical Executive Committee, Board of Trustees		

HCA Florida – East Florida Division Policy – The facility may add to content of the policy but **may not delete/change** the policy or procedure intent.

SCOPE:

All staff, healthcare providers, patients and families.

PURPOSE:

- To provide guidelines for visitation of patients while recognizing the importance of visitation to our patients from the families, friends, or support persons.
- To embrace the philosophy that each patient has different support systems and that the patient should participate in decision making related to visitation, reducing anxiety, and allow the necessary rest to recover.
- To ensure that all visitors of patients enjoy equal visitation privileges consistent with patient preferences and subject to the hospital’s justified clinical restrictions.

DEFINITIONS:

Support person: Someone who provides emotional support, comfort and alleviates fear during the patient’s hospital stay

Justified Clinical Restrictions – Any clinically necessary or reasonable restriction or limitation imposed by the hospital on a patient’s visitation rights which restriction is necessary to provide safe care to patient or other patients.

POLICY:

It is the policy of HCA Florida St Lucie Hospital to provide the highest quality of patient care possible, keeping the importance of visitors in a patient’s treatment in mind, and the importance of proper rest in the healing process. The facility follows the guidelines from Centers for Medicare and Medicaid and the Agency for Health Care Administration on patient visitation rights and prohibits discrimination based on age, race, color, national origin, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression. Visitors chosen by the patient must be able to enjoy “full and equal” visitation privileges consistent with the wishes of the patient. This right must be balanced with the rights of all patients particularly each patient’s rights of confidentiality, privacy, and security.

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All hospital staff and clinicians encourage families and other partners in care to be involved and supportive of the patient according to patient preference. They recognize and reinforce that families are integral to patient safety, comfort, medical and psychological well-being, and the healing process.

Cultural differences will be recognized and considered when making determinations.

The patient has the right to choose who may visit them during their stay, regardless of whether the visitor is a spouse, a domestic partner (including a same-sex domestic partner), another family member, a friend, guardian or essential caregiver. Patients are provided a clear explanation of the right to consent to receive visitors who he or she designates through the patient rights and responsibilities information provided at registration. The patient acknowledges their understanding of the hospital's visitation policy and is documented in the medical record on the Conditions of Admission form signed by the patient or patient's representative at registration. The patient / family member / support person is given the opportunity to read and ask questions about their patient visitation rights. Visitation information is also included in the Patient Guide.

The patient also has the right to withdraw or deny such consent to visitation of an individual at any time. The facility allows for the presence of a support individual of the patient's choice, unless the individual's presence infringes on others rights, safety, or is medically or therapeutically contraindicated, the hospital may not allow or limit the person from patient-directed visitation. After such notification to deny visitation, the patient would "opt-out" from appearing on the patient census and provide their code to persons whom they chose to have as visitors.

The following guidelines are intended to be flexible in order to respond to the diverse and individual needs and preferences of each patient and unanticipated and unique circumstances, as well as to assure the safety of patients, families, and staff.

1. Visitors are welcome during visiting hours according to patient preference with exceptions made during times of community infectious outbreak or extenuating circumstances. In these instances, caregivers will encourage virtual visitation via phone or video chat.
2. Families are encouraged to designate a family spokesperson to facilitate effective communication among extended family members and hospital staff.
3. In situations where the patient can't speak for him or herself, is otherwise incapacitated and

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cannot identify who should be present, or when there is no obvious significant other, hospital staff make the most appropriate decisions possible under the circumstances. Taking a broad definition of family and other partners in care into account, staff will welcome whoever has arrived with the patient.

4. Specialized units may have set visitation hours and may limit the number of visitors at a given time, i.e., Critical Care, Behavioral Health, Nursery, etc.
5. Patients, families, nurses, and other members of the health care team can ask to reevaluate or modify the presence and participation of families at the bedside at any one time. All such collaborative decisions will be documented in the patient record. In situations where there are shared rooms (semi-private rooms, recovery areas), this negotiation will include the other patient, his or her family, and other partners in care.
6. Special visiting considerations are made on an individual basis, for those patients who are critically ill, end of life situations, childbirth, pediatric patients, and persons making major medical decisions regarding the patient; such determinations may be made by the Administration, Administrator on Call, or the Unit Director. This may include, but is not limited to, a parent spending 24 hours with their child, a spouse or child staying with an elderly, confused patient, patient experiencing emotional distress or grieving the loss of a friend or family member how recently died, a patient needing cueing or encouragement to eat or drink from a family member or caregiver, or accommodations for a physically or emotionally challenged patient.
7. Visitor Identification
 1. All hospital visitors shall check/sign in at the desk in the main lobby or the Emergency Room after hours.
 2. Visitors will sign the sign in sheet and fill in all requested information on that sheet. Sign in sheet will be kept minimally for a rolling 12 months.
 3. For some specialized units, additional requests may be made, i.e., OB, Nursery, Behavioral Health.
 4. All visitors should have an ID badge which states the area they are visiting and date of the visitation.
8. Visitors are asked to minimize noise and to remain in the patient's room or in the designated waiting room or public areas of the building. Any visitor found in areas where visitation is not

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permitted should be asked to leave the area. Visitors may be asked to step out of the patient's room in order to give the healthcare professionals caring for patients enough room to do their work.

9. Waiting Rooms:

- Waiting room areas are available to patients, family and visitors.
- Volunteers and staff will check with the visitors in the Surgery/Critical Care waiting room at periodic intervals to keep visitors informed of the patient progress through surgery or to answer any questions regarding the patient condition.

10. Clergy will be extended the courtesy of flexible visitation, providing it does not interfere with medical care/treatment. Pastoral Care staff shall have either a Pastoral Care badge or will be badged as a visitor. All clergy should check in at the nursing desk of the appropriate unit.

11. If an outbreak of infection requires some restriction for public health, the staff must educate the patient and family to ensure safety to the patient and visitor.

- a. Visiting may be limited or restricted during pandemics or other community outbreaks.
- b. Visitors should communicate with the nursing staff to receive instructions regarding the prevention of infection while visiting.
- c. Visitors who have signs of infectious disease (fever/chills, sore throat, cough, vomiting, or diarrhea) in the previous 48 hours are prohibited from visiting.
- d. Visitors are expected to conform to posted infection control precautions as well as any necessary screening, personal protective equipment and other infection control recommendations as instructed by the care team.
- e. Visitors will not be required to show proof of vaccination or immunization and may interact with patients if patient allows.

12. Visiting Patient on Isolation Precautions:

- a. In the case of isolation patients, the nurse assigned to the patient is required to educate visitors to isolation protocols including the use of personal protective equipment (PPE) for the safety of the patient, visitor, staff, and remaining hospital population. Education is also provided on the door to explain the appropriate PPE required for entry. Education will be documented in the electronic medical record.
- b. Visitors are asked to wash their hands before entering and leaving the patient room. Hand sanitizer is provided at the door of each room.

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13. With respect to the presence of children:

- Children are not restricted by age, however the facility recommends that children under the age of 12 are not permitted in the patient care areas unless there are extenuating circumstances.
- Children under the age of 12 shall not be left unattended at any time within the hospital and must be under the direct supervision of a responsible adult to assure a safe environment for the child and patient. Children under the age of 12 will not be allowed in isolation rooms.

14. It is the responsibility of all staff members to be aware of visitors in their areas and report suspicious or unauthorized visitors to their supervisor or security immediately.

15. Visitors are not allowed in procedural areas, with the exception of Obstetrics.

16. A justified clinical restriction may include, but not limited to one or more of the following:

Visitors may be asked to leave under the following circumstances:

- At the patient's request, the patient becoming agitated during visitation and any circumstance that would not be in the best interest of the patient;
- There may be infection control issues;
- Hospital is aware that there is an existing court order restricting contact;
- Visitors engage in disruptive, threatening, or violent behavior of any kind
- Visitation may interfere with the care of other patients or need for privacy;
- There is suspicion that illicit drugs or paraphernalia is being provided to the patient, or
- Extraordinary protections because of pandemic or infectious disease outbreak;
- The patient is undergoing care interventions. However, while there may be valid reasons for limiting visitation during a care intervention, we to try to accommodate the needs of any patient who requests that at least one visitor be allowed to remain in the room to provide support and comfort at such times.

17. Food and Drink may not be given to patients without permission of the nursing staff. Visitors are asked not to bring flowers into the Critical Care Areas.

18. Baker Act Patients:

In compliance with Florida Mental Health Act, behavioral health patients have a right to communicate or to receive visitors.

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- a. A patient’s right to use the telephone or to receive visitors may be restricted by the healthcare team due to extenuating circumstances or possible disruption of the patient’s treatment.
- b. All behavioral health visitors must be screened by Security before seeing the patient. No personal belongings will be allowed in the hospital and must be stored or taken back to their vehicle before access is granted.
- c. Formal written notice of the restriction(s) and the reasons for the restriction will be provided to the patient, the patient’s attorney, the patient’s guardian, advocate or representative. Such restrictions and reason will be documented in the patient’s medical record.
- d. Documentation of restrictions will be done on form #BA 3049. The original completed form must remain as a permanent part of the patient’s record and copy given to the patient, their attorney, guardian, advocate or representative. (See Attachment C)

19. After Hour Visitors

- a. Family arriving to the hospital after 8:00pm and before 6:00am will need to enter through the Emergency Department entrance and sign in with the Security. The Security will ask each visitor to present identification and will record the visitor’s name, verification of identification and patient he/she is visiting.

20. Disruptive behavior and unsafe practices by visitors, will be addressed directly and promptly. If the need is warranted, hospital staff may terminate visitation privileges of any visitor. Staff will notify Security and complete an occurrence report.

21. The hospital leadership has the right to modify the visitor policy in compliance with state and federal mandates and as needed for the safety of patients and staff. All changes to the visitor policy will be communicated and displayed for patients and visitors both on site and on the facility website for review.

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PROCEDURE:**PACU:**

Family visitation has shown to decrease anxiety and reduce stress in patients and family, thus said the following occurs:

- Family member may visit family within 1 hour after the surgeon has talked to them.
- Limit no more than two family members for no more than 15 minutes, those patients with extended stay may have subsequent visits as deemed appropriate by the staff.
- Family will be instructed that they will be requested to return to PACU for discharge instruction review.
- It is the responsibility of the Peri-Anesthesia nurse to keep family members updated as to progression of care at least on an hourly basis.
- The PACU RN will maintain primary responsibility for the patient's care.

The Pediatric Patient: Parent/Guardian is allowed in Primary PACU to stay with infant/child/adolescent after the patient is able to maintain their own airway.

- Limits in the amount of immediate family members at the bedside are encouraged, limiting them to two due to the restriction of department size

Women's Services Department:

- Family and friends should refrain from visiting if they are febrile, have diarrhea, or have symptoms of an upper respiratory infection. Cold sores should be covered with a mask until lesion is dry and scabbed. Anyone exposed to a known communicable disease (such as chickenpox or influenza) is not allowed in the birthing center. All visitors must clean their hands and forearms when entering the mother's room, and before handling the infant.
- Each mother will be asked to designate her primary support person. This support person will have unlimited access to the mother and her infant(s). A mask will be provided to the support person if he/she has any signs of illness.
- Visitors are allowed in the mother's room or in the waiting room. They may not wait in the hallways or by the doors.
- A member of the health-care team may request that visitors be limited at certain times to facilitate adequate patient access for care. Requests by staff members to limit the number of visitors and/or length of visit should include information that helps the family and friends understand the patient's needs. If a visitor refuses to comply with the request to move to the waiting area, or is disruptive or violent, security will be notified.

Visitation during triage:

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- One support person will be allowed during triage, with the permission of the patient and physician. At any time, the physician or nursing staff may ask the visitor to wait in the waiting area.

Visitation during labor:

- The main support person and a limited number of visitors may remain in the room throughout labor.
- During a vaginal delivery, support persons are allowed, with the permission of the patient and physician. At any time, the physician may ask all visitors to wait in the waiting area.
- Visitors under the age of 12 are discouraged from being present during delivery.
- During a non-emergent cesarean section, the patient may have one support person attend. The support person is required to gown in appropriate attire, use head/hair cover, shoe cover, and mouth/eye cover. The support person is allowed to sit at the head of the OR table under the direction of Anesthesia Services. The surgeon or anesthesiologist may ask the support person to leave the room if complications arise.
- During an emergency cesarean birth, only surgical personnel are allowed in the operating room until the mother and infant are stable.

Mother/baby visitation:

- The decision to allow visitors during the postpartum period is made by the patient, and supported by the nursing staff based on maternal and infant needs.
- The support person may remain with the patient overnight, and will be provided with a recliner and bed linens.
- Children (siblings of the infant) are encouraged to visit but may not stay overnight. A responsible adult (not the patient) must be present to care for the child.
- Only the mother or her designated support person is allowed in the nursery. **IDENTIFICATION BANDS WILL BE VERIFIED FOR ALL VISITS.** Other visitors may observe the infant from the window, if approved by the parents.

NICU/Nursery visitation:

- All visitors will be instructed on hand-washing, and must scrub to the elbows with antiseptic soap or waterless cleanser when entering the NICU/Nursery.
- The mother and her designated support person may visit at any time except for 30 minutes during shift changes. **IDENTIFICATION BANDS WILL BE VERIFIED FOR ALL VISITS.**
- Each infant may have only 2 visitors at a time. Visitation may be limited at the discretion of the infant's nurse. Because infant care is the first priority, any visitor may be asked to leave in the event of any treatments, procedures, or emergencies.

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REFERENCES:

The Joint Commission Comprehensive Accreditation Manual for Hospitals –

RI.01.01.01

Centers for Medicare and Medicaid §482.13 (h) (1-4)

F.S. 408.8235 – No Patient Left Alone Act

The Florida Mental Health Act; Baker Act

CDC Guidelines for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings

American Academy of Pediatrics, & American College of Obstetricians and Gynecologists. (2007).
Guidelines for perinatal care (6th ed.). Elk Grove Village, IL: Authors.

NANN Guidelines for Neonatal Nursing Policies, Procedures, Competencies, and Clinical Pathways, 4th Ed, 2006.

ATTACHMENTS:

Attachment A – Visitor Guidelines

Attachment B – Letter to Visitor with Patient Privacy Code

Attachment C – Restriction of Communication or Visitors – Baker Act Patient

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Patient Guidelines for Visitation

HCA Florida St Lucie Hospital supports a patient and family-centered approach to care. As part of planning your care, we will ask you to tell us which people you would like with you while you are receiving care at our facility. For reasons of patient safety and privacy, we allow two people to be with you. If more than two people are here, they may take turns spending time with you. Please be aware of the guidelines listed below:

- It is the right of each patient to request privacy and not to have visitors.
- Please remain in the patient room or the waiting room.
- Please keep the patient room door/curtain closed while visiting
- Please keep noise levels low, including silencing cell phone.
- Please practice good hand hygiene by washing your hands before entering the room and before leaving a patient room.
- The healthcare team may ask visitors to exit the room during certain patient procedures for privacy.
- No photography or videography of the facility or workforce is allowed without facility authorization.
- Please have visitors follow the instructions at the entrance of the facility as it relates to infection prevention precautions. By following the instructions, you are attesting that you understand the requirements to enter the facility and practice _____
- Outside food deliveries are not allowed, unless authorized by your healthcare team.
- We are a smoke-free campus. The use of tobacco products is strictly prohibited. This includes smokeless tobacco, e-cigs, and vapor.
- Visitation may be limited when the healthcare team feels it is in the best interest of the patient’s health.

There are times when people should not visit you while you are here. If a visitor has been recently exposed to an infection or illness, such as the flu, he or she should not visit you.

If at any time you decide you do not want visitation or you no longer wish to visit with a certain individual(s), please let your nurse know. Please speak with staff if you have any questions or concerns.



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Thank you for allowing us to meet your healthcare needs.

Above all else, we are committed to the care and improvement of human life.

Attachment B – Letter to Visitor with Patient Privacy Code

WELCOME TO HCA Florida St Lucie Hospital

Your family member/friend has been admitted to the _____ of HCA Florida St Lucie Hospital. In compliance with national privacy laws they have been given a privacy code. This number will be required in order to receive any information regarding the patient.

Their Privacy Code is _____

Please contact the charge nurse if alternative visitation arrangements are needed.

We may need to ask visitors to step out of the room at any time for patient care or treatments.

To ensure for continuity of care and the sharing of accurate private health information we respectfully request that your family choose one spokesperson with whom we will give information to.

We appreciate your understanding and cooperation so we may provide the best possible care to your loved one. *If you have any questions or concerns, please feel free to call the nursing staff at* _____.



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Attachment C – Restriction of Communication of Visitors – Baker Act Patient

BAKER ACT

Restriction of Communication or Visitors

Notice is hereby given to _____
Full Name of Person

on this date, that under the provisions of s.394.459(5)(c), Florida Statutes, a restriction on communications has been placed for a period of _____ days, starting at _____ am pm on (Date)_____ and ending at _____ am pm on (Date)_____.

The nature of the restriction is as follows:

The restriction has been ordered because :

This restriction of communication shall be reviewed at least every 7 days and lifted as soon as possible.

Signature of Administrator or Designee Date AM/PM
Time



Reference: [Policy #]

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A person's right to report an alleged abuse or to contact and to receive communication from his/her attorney shall not be limited. This completed form must be placed in the person's clinical record as individualized justification for depriving the person of his/her right to communicate with others. Any renewal of this restriction shall be justified. A copy of this form and any renewal of the restriction shall be provided to all persons listed below, as applicable. The right to communicate or receive visitors shall not be restricted as a means of punishment.

cc: Check when applicable and initial/date/time when copy provided

Individual	Date Copy Provided	Time Copy Provided	Initial of Who Provided Copy
D Person		am pm	
D Guardian		am pm	
D Guardian Advocate		am pm	
D Representative		am pm	
D Attorney		am pm	
D Health Care Surrogate/Proxy		am pm	

394.459(5)(c),
Florida Statutes State
of Florida Form: CF-
MH 3049