

Psychiatry

RESIDENCY PROGRAM AT
TriStar Centennial
Medical Center

Welcome to the Psychiatry Residency Program at TriStar Centennial Medical Center

The Psychiatry Residency Program at TriStar Centennial Medical Center is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation's leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

Above all else, we are committed to the care and improvement of human life.

In support of this mission, TriStar Nashville Graduate Medical Education strives for excellence in all our educational programs while maintaining an environment of mutual respect and inclusion.

We are **HCA TriStar Academic Medical Center**, fully focused on the needs of our patients through clinical practice, education, and research.

Welcome to our Psychiatry Residency Program at TriStar Centennial Medical Center! We welcomed our first class in July 2021 and we are looking forward to growing our program. As a new program, we have much to offer and look forward to building its future with you. TriStar Nashville GME strives for excellence in all our educational programs while maintaining an environment of mutual respect and inclusion.

We are committed to providing you with an excellent and safe clinical learning environment created by our knowledgeable and compassionate faculty. The foundation of our program is to provide you with the clinical knowledge, procedural skills, clinical judgment, professionalism, and the interpersonal skills necessary for a successful career and to develop as a leader in Psychiatry.

Our program is located in Nashville, TN, known as the “Music City” and home to legendary country music venues such as the Grand Ole Opry, the Country Music Hall of Fame and Museum and the historic Ryman Auditorium. We are affiliated with TriStar Centennial Medical Center, a 741-bed comprehensive facility that sits on a 43-acre campus and home to the TriStar Centennial Parthenon Pavilion.

The Parthenon Pavilion is Nashville’s largest and most established psychiatric hospital. Our facility has been helping individuals in need of mental health treatments since 1971. Our psychiatrists, therapists, nurses and other specialists are dedicated to improving the lives of our patients and helping them to return to fulfilling and productive lives.

I invite you to explore our website, which will continue to grow as our program develops. Thank you for considering us and I look forward to meeting you and sharing the opportunities we have to offer as you explore the next phase of your medical training.

J. Scott Anderson, M.D.

Program Director

ACGME ID: 4004700259

Tracks	NRMP#	Available Positions
Categorical	2252400C0	8

Residency Administration



J. Scott Anderson, MD

Program Director

- Dr. Anderson received his medical degree from Indiana University Medical School in Indianapolis, IN, and completed his residency training in Psychiatry at Vanderbilt University in Nashville, TN. He is certified by the American Board of Psychiatry and Neurology and has been a practicing psychiatrist at TriStar Centennial Medical Center since 2014.



Alexandre Koumtchev, MD

Associate Program Director

- Dr. Koumtchev is the Associate Program Director and Psychiatry Department, Chairman. Dr. Koumtchev will work directly with the Program Director to support the mission, vision, and aims of the residency program for its residents. He will supervise and mentor residents as well as serve on the Program Evaluation Committee.



Rebecca Factor, MBA

Program Coordinator

- rebecca.factor@hcahealthcare.com
- 615.342.3965

Our Faculty



Vedavyasa Biliyar, MD

- Dr. Biliyar is a psychodynamically oriented child and adolescent psychiatrist specializing in family crisis intervention for teenagers. He teaches developmental and cultural perspectives and family dynamics in presentations of illness behavior. Under his guidance, residents learn to understand childhood trauma in teenagers and how it manifests as adult psychopathology.



Alan Lynch, MD

- Dr. Lynch is teaching faculty for the addiction medicine rotation. He will utilize his experience in addiction medicine psychiatry for resident education, didactics, research, and scholarly activity. Residents will learn about the evaluation and management of patients with substance use disorders, alcohol dependence, and other addiction disorders, including dual diagnosis.



Chandra Krishnasastry, MD

- Dr. Krishnasastry is teaching faculty in outpatient psychiatry. Under his leadership, residents gain experience in the management of involuntary and voluntary adult psychiatric patients in an ambulatory psychiatry clinic, be exposed to a broad range of DSM-5 diagnoses and multiple treatment modalities, and develop their skills in the psychiatric interview.

Our Faculty



Luigi Cardella, MD

- Dr. Cardella is our consultation/liaison and forensic psychiatry faculty. On his rotation, senior residents manage a broad range of routine consultation requests in inpatient, outpatient, and emergency settings. Senior residents lead the consult/liaison team, supervise scheduling, cross-coverage, assignment of patients, and assist faculty in providing supervision to other learners.



Robert C. Yates, MD

- Dr. Yates is core faculty on inpatient psychiatry. His experience in psychiatry, as well as electroconvulsive therapy, be vital to the residents' experience. Residents will develop skills in the use of psychotropic drug treatment, selection of patients for somatic therapies (such as ECT), and learn about commitment procedures.



Jaymie Avenido, MD

- Dr. Avenido is core faculty on consultation and liaison psychiatry. She manages the psychiatric care of patients admitted to our 11 bed me/psych unit located in Centennial Medical Center as well as psychiatric consultations throughout the campus. She will provide residents with experience and teaching on how to manage acute psychiatric needs for patient's admitted to medical or surgical services. Residents will learn how to diagnose and treat a variety of illnesses including delirium, severe depression and detoxification. Residents will also learn to assess patients for possible psychiatric admission after stabilization of their medical needs.



Adrian A. Jarquin-Valdivia, MD

- Self-described as a Universal Citizen, and with 7+ billion brothers and sisters, Dr Jarquin-Valdivia (Dr JV or Dr Valdivia) is originally from Nicaragua, he went to medical school in Honduras. He completed full Internal Medicine training at UTSouthwestern and University of Utah, to later train in Neurology at Mayo Clinic in Rochester. His fellowship at UCSF was in Neurocritical Care, Critical Care, and Stroke. He also holds board certifications in Neuroimaging and Neurosonology. Among his interests are patient safety, standardization of care, early knowledge and technology adoption, and kindness and respect for all living things.

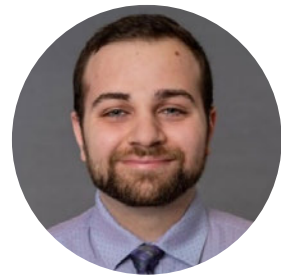
Class 2021-2022



Pilar Bare



Manpreet Bindra



Gerardo Corsi



Sarah Lantz



John Lundeen



Ashley Mahajan



Brendan McClafferty



Steven Sprenger



Rotations by PGY Year

PGY-1

- 6 months - Inpatient Psychiatry
- 4 months - Primary Care
- 2 months - Neurology

PGY-2

- 5 months - Inpatient Psychiatry
- 2 months - Consultation-Liaison
- 2 months - Child & Adolescent Psychiatry
- 1 month - Geriatric Psychiatry
- 1 month - Addiction
- 1 month - Emergency Psychiatry

PGY-3

- 12 months - Outpatient Psychiatry

PGY-4

- 5 months – Elective
- 2 months – Intensive Outpatient Psychiatry/Partial Hospitalization Psychiatry
- 1 month – Consultation-Liaison
- 1 month – Forensic Psychiatry
- 2 months – Administrative Psychiatry
- 1 month – Community Psychiatry

About the Program



TriStar Nashville Psychiatry Benefits

- ACGME Accredited
- New residents receive at \$500 stipend for orientation
- 15 Days of PTO
- Laptops and iPhones provided and you may keep the iPhone upon program completion
- New GME administrative and clinic space under construction
- Two free embroidered lab coats per year
- Structure research curriculum including but not limited to clinical research, journal club preparation, quality improvement projects, book chapters and review articles
- Weekly four hour protected didactic time
- Free on-site parking
- PRITE Exam prep
- HCA Resources:
 - Digital Library
 - Dedicated GME Evidence Base Medical Medicine
 - Exam Prep and Curricula
- Paid society memberships
- Employee Assistance Program (EAP)
- Employee Stock Purchase Plan
- Access to health, dental and vision on day one of employment

	PGY1	PGY2	PGY3	PGY4
Salary	\$54,267	\$55,869	\$57,637	\$59,738
On-Call Meals	\$950	\$950	\$950	\$950
Total	\$55,217	\$56,819	\$58,587	\$60,688

TriStar Centennial Medical Center



TriStar Centennial Medical Center is a tertiary care facility in downtown Nashville, serving patients from Tennessee, Alabama, Georgia, Kentucky and Mississippi. TriStar Centennial, HCA's first hospital, opened in 1969 and today represents the most innovative and extensive patient services available in the HCA Healthcare TriStar Division. In partnership with its medical staff, TriStar Centennial continues to innovate and develop groundbreaking clinical programs that continue the vision set by its founders Dr. Thomas Frist, Sr., Jack Massey and Dr. Thomas Frist, Jr. TriStar Centennial has achieved the highest rating from Leapfrog for patient safety for the eighth consecutive year, an unprecedented achievement.

TriStar Centennial Heart & Vascular Center is a national leader in cardiac imaging, heart failure, interventional cardiology and electrophysiology, including atrial fibrillation management, surgical intervention and more. Our heart specialists were the first in middle Tennessee to offer minimally invasive and beating heart surgery. The program has advanced to include the establishment of a VAD (Ventricular Assist Device) and ECMO (Extracorporeal Membrane Oxygenation) program. The Heart and Vascular Center was also the first hospital in Nashville to join the National Cardiogenic Shock Network.

TriStar Centennial Women's Hospital cares for women at every stage of life offering maternity, high-risk obstetrics, maternal fetal medicine, neonatal, gynecological, surgical, and oncology services. Minimally invasive and robotic surgery for gynecologic and bladder conditions are offered as well. The hospital is home to the first OB/GYN Emergency Department in Nashville and offers a 24/7 obstetrical hospitalist program.

Sarah Cannon Cancer Institute at TriStar Centennial is part of the Sarah Cannon global network offering oncology services for the prevention, diagnosis, and treatment of cancer. This includes medical and radiation oncology, clinical research trials, tumor profiling, patient navigation, genetic counseling, rehabilitation, advanced stereotactic treatment and Ask Sarah 24/7 call center.

TriStar Centennial Parthenon Pavilion is Nashville's largest and most established behavioral health hospital. It is the only psychiatric hospital in Tennessee connected to a tertiary medical center, allowing for a full continuum of care. In addition to the adult inpatient care, partial hospitalization and intensive outpatient programs are also offered.

The Children's Hospital at TriStar Centennial delivers excellence in 19 pediatric services represented by board-certified specialists. Services include a Level III

NICU, pediatric, medical/surgical unit, pediatric surgery, pediatric hematology and oncology, pediatric intensive care and NICU transport. 24/7 pediatric emergency care is available with board-certified and fellowship trained pediatric emergency physicians in a dedicated child-friendly and autism-friendly Pediatrics Emergency Department.

TriStar Centennial Advanced Joint Replacement Institute (AJRI) is a “hospital in a hospital” concept, which offers a personalized treatment plan for each patient. AJRI partners with the region’s top orthopedic surgeons to provide state-of-the-art treatment using advanced procedures and technology including robotic surgery. Patients are treated by orthopedic surgeons who are leaders in the latest research studies for the advancement of orthopedic surgical care. Additionally, the hip and knee replacement programs have received certification from the Joint Commission, recognizing high-quality, consistent and safe approaches to care that result in better patient outcomes and satisfaction.

OFF-CAMPUS FACILITIES:

TriStar Spring Hill ER encompasses a 24/7 full-service ER staffed by board-certified physicians specializing in emergency care. The campus also includes a medical park with a freestanding endoscopy suite, physician offices, and outpatient medical imaging and laboratory services.

TriStar Ashland City Medical Center is a 12-bed critical access hospital offering a broad spectrum of inpatient and outpatient services to the Cheatham County area. Specially trained emergency physicians and nurses provide 24/7 emergency care on-site.

33,828

patient admissions

95,486

total annual ER

visits

3,163

staff

741

licensed beds

TriStar Centennial Medical Center

2300 Patterson St.
Nashville, TN 37203
(615) 342-1000
TriStarCentennial.com

Sarah Cannon Cancer Institute at**TriStar Centennial**

230 25th Ave. N
Nashville, TN 37203

**The Children's Hospital at TriStar
Centennial**

2220 Patterson St.
Nashville, TN 37203
TheChildrensHospitalNashville.com

TriStar Centennial Women's Hospital

2221 Murphy Ave.
Nashville, TN 37203

**TriStar Centennial Heart & Vascular
Center**

2400 Patterson St.
Nashville, TN 37203

TriStar Centennial Parthenon Pavilion

2401 Parman Pl.
Nashville, TN 37203
TriStarParthenonPavilion.com

TriStar Spring Hill ER

3001 Reserve Blvd.
Spring Hill, TN 37174
(931) 489-1100
TriStarSpringHillER.com

TriStar Ashland City Medical Center

313 North Main St.
Ashland City, TN 37015
(615) 792-3030
TriStarAshlandCity.com

Key Services

- Bariatrics
- Behavioral Health
- Cardiovascular Surgery
- Cardiology
- Emergency
- Neonatology
- Neurosurgery
- Obstetrics
- Oncology
- Orthopedics
- Pediatrics
- Spine Surgery
- Women's Health



2019-2020 Highlights

- TriStar Centennial Children's Hospital pediatric hematologist/oncologist Dr. Haydar Frangoul (in partnership with Sarah Cannon Cancer Institute) was the first in the U.S. to pioneer sickle cell research to treat a patient with CRISPR, a gene-editing technology.
- TriStar Centennial Heart and Vascular rated in the top 2% of cardiovascular programs nationally by the Society of Thoracic Surgeons.
- TriStar Centennial Heart and Vascular Center received Advanced Certification in Ventricular Assist Device (VAD) from the Joint Commission.
- TriStar Centennial Medical Center was the first hospital in Tennessee to use a robotic bronchoscopy platform to detect lung cancer in its earliest stages.
- TriStar Centennial Medical Center was the first hospital in Tennessee to use an optical imaging agent during fluorescence-guided surgery to treat high-grade gliomas.

- TriStar Centennial Medical Center finalized construction of its 8-floor parking garage with nearly 2300 parking spaces, pedestrian connector, and nearly 1 million square feet.
- TriStar Centennial Women's Hospital earned Best for Babies recognition from Tennessee Department of Health for efforts in breastfeeding rates, reducing early elective deliveries and safe sleep.
- TriStar Centennial Women's Hospital opened a Milk Bank Depot to safely donate frozen breast milk to infants in need within Tennessee.
- TriStar Centennial Women's Hospital implemented a C-section drape with a window, allowing immediate skin- to-skin contact while maintaining a sterile surgical field.
- TriStar Centennial Parthenon Pavilion was recognized by the Joint Commission for its national best practice of its "treatment mall" to providing group therapies, as well as the quality of individualized recovery plans, and focus on patient safety through use of technology for safety checks.
- TriStar Ashland City named one of the Top 20 Critical Access Hospitals in the county by the Chartis Center for Rural Health.

Economic Impact

\$345,623,804

Salaries, wages & benefits

\$3,847,052

Taxes paid

\$101,747,397

Capital investment

**All data based on 2019 annual results.*

About Nashville, TN



Fun Facts About Nashville

- Nashville is ranked #11 for the most popular destinations in the United States according to TripAdvisor
- Nashville landed on Travel + Leisure's list of The Best 50 Places to Travel in 2021
- The 2019 NFL Draft was hosted in Nashville and was named Sports Event of the Year in the 2020 Sports Business Awards
- Major industries in Nashville: Healthcare, Music Production, Finance, Higher Education, Technology, Tourism
- Centennial Park is home to the only real replica of the Greek Parthenon
- Nashville is known for hot chicken – the chicken is now called “Nashville Hot Chicken” all across the United States
- Nashville has over 180 live music venues
- Nashville houses 3 Major League Sports Teams
 - The Tennessee Titans
 - The Nashville Predators
 - The Nashville Soccer Club
- The Harpeth River makes its way through Nashville and is frequented by kayakers, canoers, and other water enthusiasts.
- The Music City Walk of Fame holds induction ceremonies for all types of musical influences from Kings of Leon to Elvis Presley
- The Nashville Sounds Baseball Club is the city's minor league team who plays at First Horizon Park in the popular neighborhood, Germantown
- Zanies Comedy Club has brought the city laughs since 1983 and showcased some of the most famous comedians
- Nashville is known for their Greenways, which are linear parks and trails that connect neighborhoods to schools, parks, shopping, and work. They are often located along streams, rivers, and ridges - great for walkers, runners, and bikers.

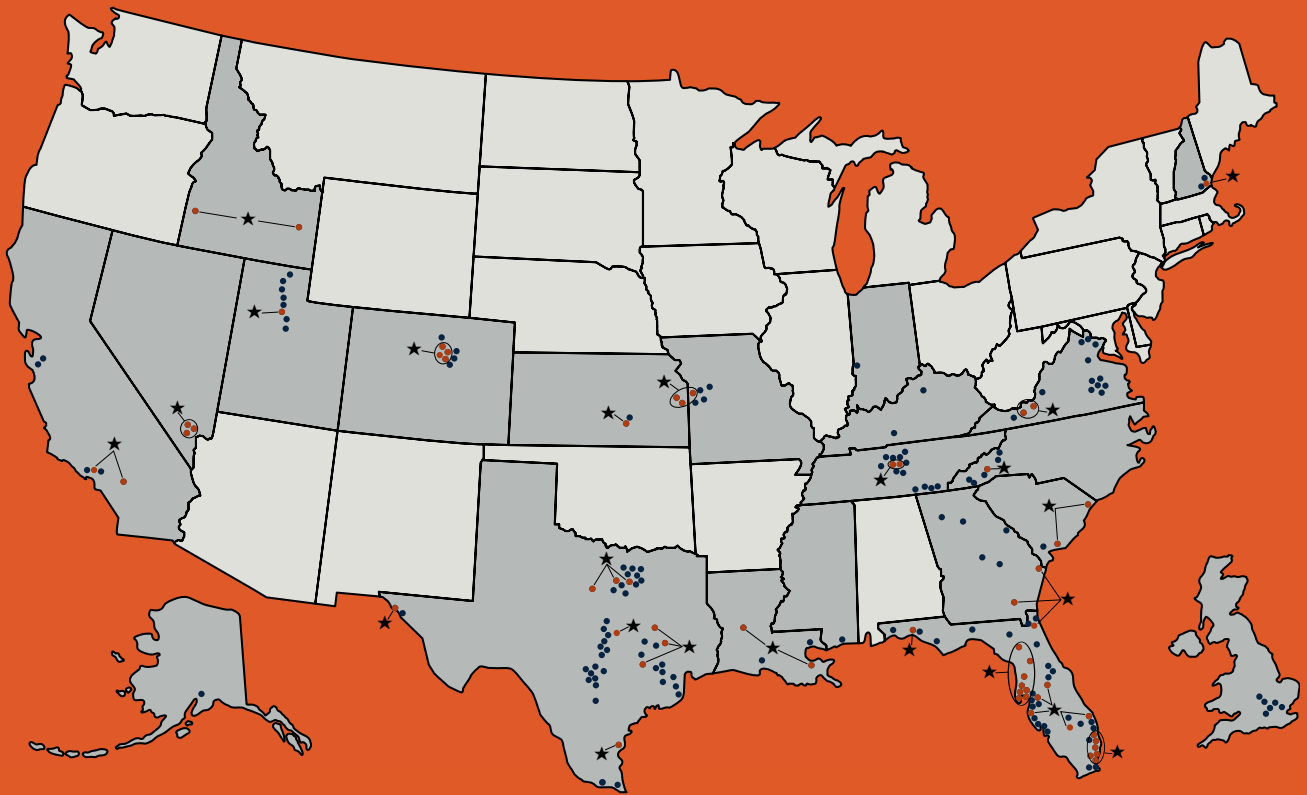
About HCA Healthcare GME

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

To learn more about the benefits and expectations of training with an HCA Healthcare program, view our [Resident and Fellow Manual](#).



Our residency and fellowship programs are in **59**
hospitals located in **16** states



- ⊛ Residency or Fellowship Program
- HCA Healthcare Hospital



Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

4,637
residents

289
fellows

218
specialty programs (residencies)

79
sub-specialty programs
(fellowships)



Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and real-world patient care from a sophisticated data repository of more than 32 million patient encounters each year.

2,500+ HCA Healthcare GME scholarly activities in 2020-21.



Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

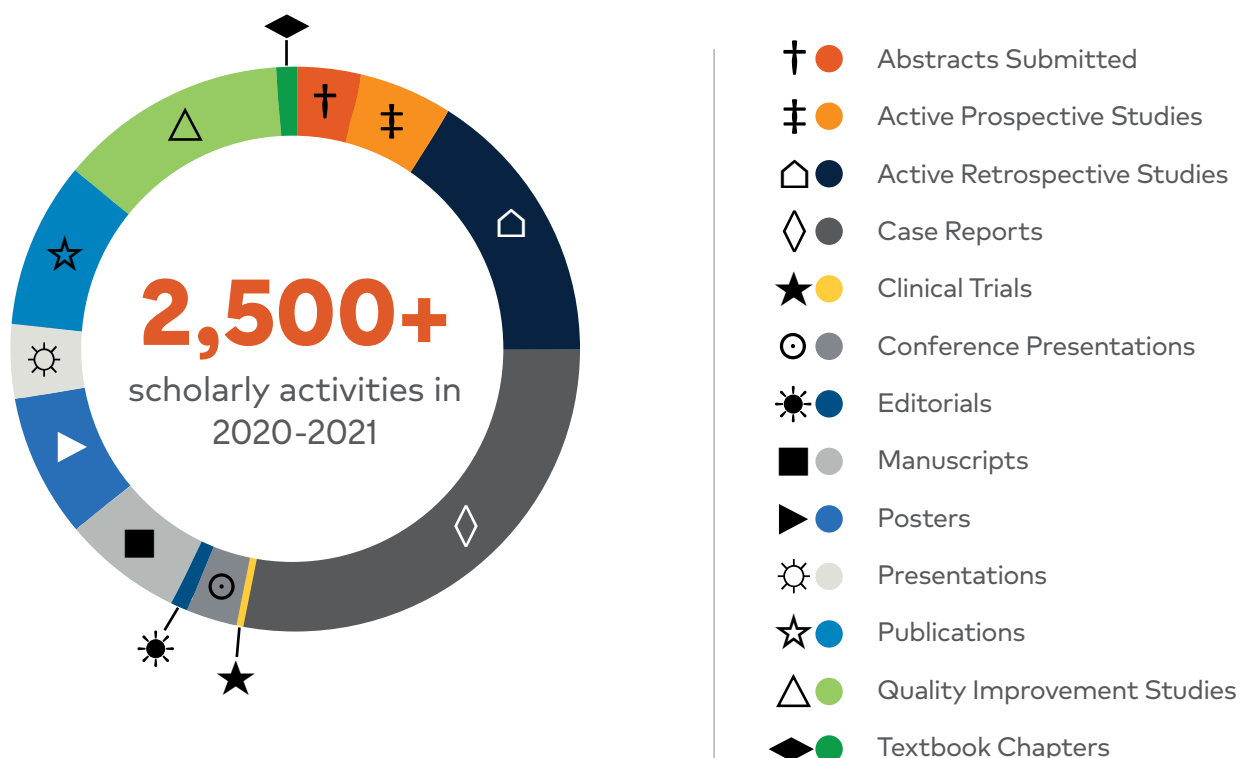
32+ million patient encounters
7.4 million emergency room visits
215,000+ babies delivered

HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.



Our experiential learning is rooted in evidence-based medicine that leads to innovative, **real-world patient health solutions**.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

Notable Publications

- *JAMA Internal Medicine*
- *Annals of Surgical Oncology*
- *CHEST Journal*
- *American Journal of Respiratory & Critical Care Medicine*
- *Obstetrics & Gynecology*

Notable Presentations

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

Influential Collaboration

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

HCA Healthcare Scholarly Commons is a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the **HCA Healthcare Journal of Medicine**, a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.



About HCA Healthcare

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



*Hospital locations as of March 31, 2021

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Size

275,000
colleagues

93,000+
registered nurses

47,000^
active and affiliated physicians



Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

32+ million
patient encounters

7.4 million
emergency room visits

215,000
babies delivered

View the **HCA Healthcare Community Impact Report** to learn more about our award-winning programs, technology advances and partnerships with community organizations to fulfill our commitment to the care and improvement of human life.



Giving Back

\$3.4+ billion
estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

\$45 million
in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.*

*Starting in 2021



Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150 languages and dialects**.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

^Approximate

